



Early Learning Coalition of Northwest Florida

Literacy Gazette

How Do You Feel?



Between three and five, your child is learning how to manage strong emotions and social skills. Although young children experience a wide array of feeling they need help labeling them and learning how to cope with them. Helping your child learn about feeling is an important part of parenting. Here are some books that will help your child begin to understand what feeling are all about:

The Way I Feel- Janan Cain

Lots of Feelings- Shelley Rotner

Feelings to Share from A to Z -Todd Snow & Peggy Snow

Today I Feel Silly: And Other Moods That Make My Day-
Jamie Lee Curtis

Story of My Feelings by Laurie Berkner

When Sophie Gets Angry -- Really, Really Angry- Molly Bang

Sometimes I'm Bombaloo- Rachel Vail

My Many Colored Days- Dr. Seuss

The Chocolate-Covered-Cookie Tantrum- Deborah Blumenthal

The Grouchy Ladybug- Eric Carle
Mean Soup- Betsy Everitt

On Monday When It Rained- Cerryl Kachenmeister

Glad Monster, Sad Monster- Anne Miranda

Angry Dragon- Thierry Robberecht

Have You Filled a Bucket Today: A Guide to Daily Happiness- Carol McCloud

When I Feel Sad- Cornelia Maude Spelman

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ELC of Northwest Florida
703 W. 15th Street
Suite A
Panama City, FL
1.850.747.5400

Public Library Information

Bay County- 850-522-2100

Books for Babies: Tuesday 9:30

Terrific Tots: Tuesday 10:30

Preschool Story Time: 10:30

Hours: M. - W. 9:00-8:00

Th. - Sat. 9:00-5:00

Calhoun County- 850-674-8773

Story Time: Th. & Sat. 10:00

Hours: M. 10:00-7:00

T. & W. 10:00-6:00

Th. 10:00-7:00

Sat. 9:00-3:00

Franklin County- 850-670-8151

Story Adventure: Th. 10:00

Hours: T. - Th. 10:00-6:00

F. 11:00- 7:00

Gulf County- 850-229-8879

Hours: M. & T. 10:00-8:00

Th. & F. 10:00- 6:00

Sat. 10:00- 4:00

Holmes County- 850-547-3573

Story Time: F. 10:00

Hours: T. - F. 8:00-5:00

Sat. 8:00-12:00

Jackson County- 850-482-9631

Story Time: T. 9:30 & 11:00

Hours: M. - Th. 9:00-8:00

F. 9:00- 6:00

Sat. 9:00- 3:00

Washington County- 850-638-1314

Story Time: Th. 10:30

Hours: M. - Th. 9:00- 6:00

F. 9:00- 1:00

If You're Happy & You Know It

If You're Happy & You Know It

If you're happy and you know it,
clap your hands
If you're happy and you know it,
clap your hands
If you're happy and you know it,
then your face will surely show it
If you're happy and you know it,
clap your hands.

Change the lyrics to include different emotions such as sad, surprised, silly, scared & mad.



Kids in The Kitchen

Smiley Face Pancakes

Your children will rise **and** shine when they help prepare this delightful breakfast treat. As they paint faces on their pancakes they will be practicing important fine motor skills that will assist them with formal writing someday. Be sure to discuss the recipe with your children as you allow them to help mix and measure ingredients. Questions such as "What do you think will happen to the baking mix when we add the milk?" will foster critical thinking skills.

Ingredients:

2 cups biscuit/baking mix
1-1/4 cups milk
1 egg, beaten
2 tablespoons sugar
2 tablespoons lemon juice
1 teaspoon vanilla extract

Red, green, yellow, and blue lg

Directions: In a bowl, combine the biscuit mix, milk, egg, sugar, lemon juice and vanilla; mix until smooth. Place 1 tablespoon of batter each in four bowls. Color one red, one green, one yellow and one blue. Drop remaining batter by 1/4 cupfuls



onto a lightly greased hot griddle.

To create face, paint colored batter on pancakes with a new small paintbrush. Cook until bubbles form on the top. Turn and cook until second side is golden. Serve with syrup if desired. **Yield:** about 1 dozen.

Reading the World Around You

Reading print from the world around us is one of the beginning stages of literacy development. The colors, letters, shapes, and numbers found in logos for products and stores such as McDonald's, Wal-Mart, Pepsi, and Publix all provide opportunities for emerging readers to interact with print and the written word in their own environment. We see Environmental Print everywhere, we see logos and signs in our daily lives but

as adults we don't consider it real "reading". However, Environmental Print is the first print a child learns to "read". Have fun with your child by making environmental print puzzles: cut the front of boxes (cereal, pizza, frozen dinner) into pieces to make a puzzle, encourage your child to assemble it, and read the words together!