

Parent & Child Activity Calendar

Early Childhood

The Early Learning Coalition
of Northwest Florida



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood Parents®
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2010			1 Give your child a set of household objects and ask him to line them up from smallest to largest.	2 Look at a calendar together. What month is it? What is next month?	3 Help your child collect something from nature, such as rocks or leaves. Count them together.	4 Place several pairs of your child's socks in a pile and challenge her to find the ones that match.
5 Play "catch" with your child. Stand close and toss or roll a large (but light) ball back and forth.	6 Go to the library. Have your child pick out a book for you to read to him tonight.	7 Discuss safety rules with your child. Why should you look both ways before crossing the street?	8 Look at a familiar thing in a new way. A shoebox can become a doll bed; boxes can be houses or buildings.	9 Help your child practice saying her name, address and phone number. Also teach her about dialing 911.	10 Talk about <i>more</i> , <i>less</i> and <i>equal</i> with your child. Ask, "Do you have more dolls or stuffed animals?"	11 Today, take a "counting walk" together. Pick one thing to count (cars, signs, flowers, birds, bikes) and keep track.
12 Talk about the end of summer and beginning of fall. For example, leaves will fall off the trees. What else?	13 Join your child for a few minutes of pretend play. If he wants to be a teacher, pretend to be the student.	14 Cutting with scissors is an important skill. Show your child how to hold safety scissors. See if she can cut paper.	15 Teach manners with a "tea party." Let your child help set the table and serve juice and cookies.	16 Let your child pick out some school supplies today whether he is starting school or not.	17 Cut out five pairs of pictures (two dogs, two cats, etc.). Paste on index cards. Place face down. Match the pairs.	18 Make up a story with your child as the main character. Let your child retell the story to you.
19 Preschoolers thrive on routine. Establish a regular dinnertime and a familiar bedtime routine.	20 Talk about the difference between <i>night</i> and <i>day</i> . Have your child draw a night picture and a day picture.	21 Teach your child a new skill today, like putting clothes away or setting the table.	22 Practice making opposite statements. Say, "The chair is <i>inside</i> ." Your child says, "The chair is <i>outside</i> ."	23 Play different kinds of music. Have your child move like animals: a rabbit for fast music, an elephant for slow music.	24 Let your child play with a rubber ball. Encourage him to bounce it and try to catch it.	25 Set a good example. Get some outdoor exercise with your child today.
26 Tell your child a story, asking her to listen for one word, such as <i>dog</i> . Ask her to clap each time she hears the word.	27 Say a word such as <i>cat</i> . See if your child can come up with a word that rhymes with it.	28 Look through magazines, newspapers or catalogs with your child to find things that move (planes, cars, trains).	29 Suggest that your child try a new self-care skill today—putting on his own shoes, for example.	30 Sing a favorite song with your child today. Use your arms and hands to act out some of the words in the song.		