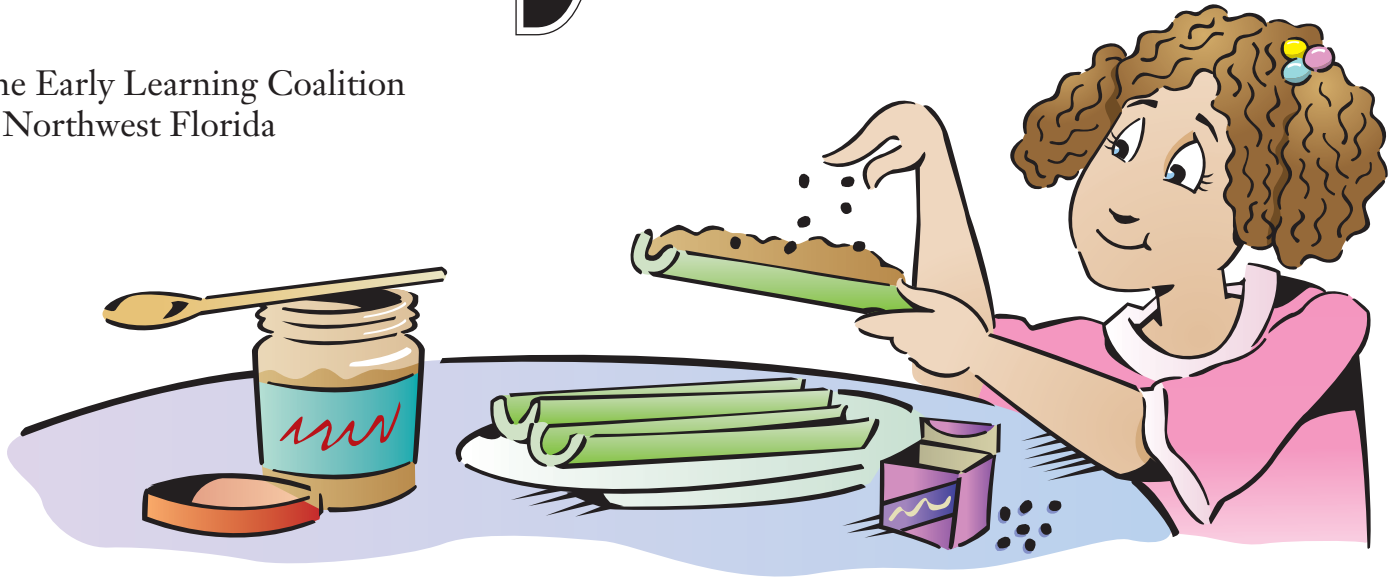


# Parent & Child Activity Calendar

## Early Childhood

The Early Learning Coalition  
of Northwest Florida



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Early Childhood  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>July 2010</b>				<b>1</b> Dig in the garden together today with your child. Or plant a bright summer flower in a pot.	<b>2</b> Collect some flowers or leaves and paste them into a homemade book. Help your child label them.	<b>3</b> Fly a kite. Make your own from construction paper. Talk about how the wind makes it fly.
<b>4</b> Today is U.S. Independence Day. See how many red, white and blue things your child can find.	<b>5</b> Help your child make a picture of fireworks. Glitter glue is a fun way to do this.	<b>6</b> Visit the post office today. Buy some stamps together.	<b>7</b> Help your child write a letter to Grandma or another loved one. Let your child put a stamp on it and mail it.	<b>8</b> Make a treat for the birds. Spread a half bagel with peanut butter. Then have your child sprinkle it with birdseed.	<b>9</b> Together, watch some ants today. Discuss how they work together to maintain their community.	<b>10</b> Make up a story together today. It can be about either real or pretend things.
<b>11</b> Listen to the birds. What songs does your child think they are singing? Make up a song the birds might sing.	<b>12</b> Find a place to feed the ducks with your child. Plan what you will feed them (stale bread works well).	<b>13</b> Plan a trip to the nearest zoo. Try to see at least one animal your child has never seen before.	<b>14</b> Play follow the leader with your child! Find a fun place like the edge of a flower bed.	<b>15</b> Blow bubbles today with your child. Who can make the biggest one?	<b>16</b> Make a salad together. Tearing lettuce is a good job for little ones.	<b>17</b> Spread out a blanket and look at the stars tonight. See if your child can find any constellations.
<b>18</b> Draw a picture for your child and hide it under her pillow tonight.	<b>19</b> Help your child decorate a plain picture frame with treasures you find in nature. A cardboard frame is fine.	<b>20</b> Remember to make time for rest. Have quiet time together today.	<b>21</b> Watch a thunderstorm with your child if one happens tonight. If not, then draw a picture of one.	<b>22</b> Enjoy a big dish of ice cream or sorbet together today.	<b>23</b> Squirt each other! Use bottles with a pump on them. Wash used containers well.	<b>24</b> Wake early and watch the sun rise. Then have breakfast together.
<b>25</b> Together, make a house out of a big box and paint it outside. You can get the box from an appliance store.	<b>26</b> Play old-fashioned games, like "Mother May I?" or "Duck, Duck, Goose."	<b>27</b> Spend a half hour reading together today. Let your child pick the books you will read.	<b>28</b> Make a list of three things you want to do with your child before summer is over.	<b>29</b> Go to a baseball game (Little League is fine). Explain to your child what is going on.	<b>30</b> Let your child see you trying some foods that are new or unusual for your family.	<b>31</b> Together, play with balls today. Try kickball or dodge ball.