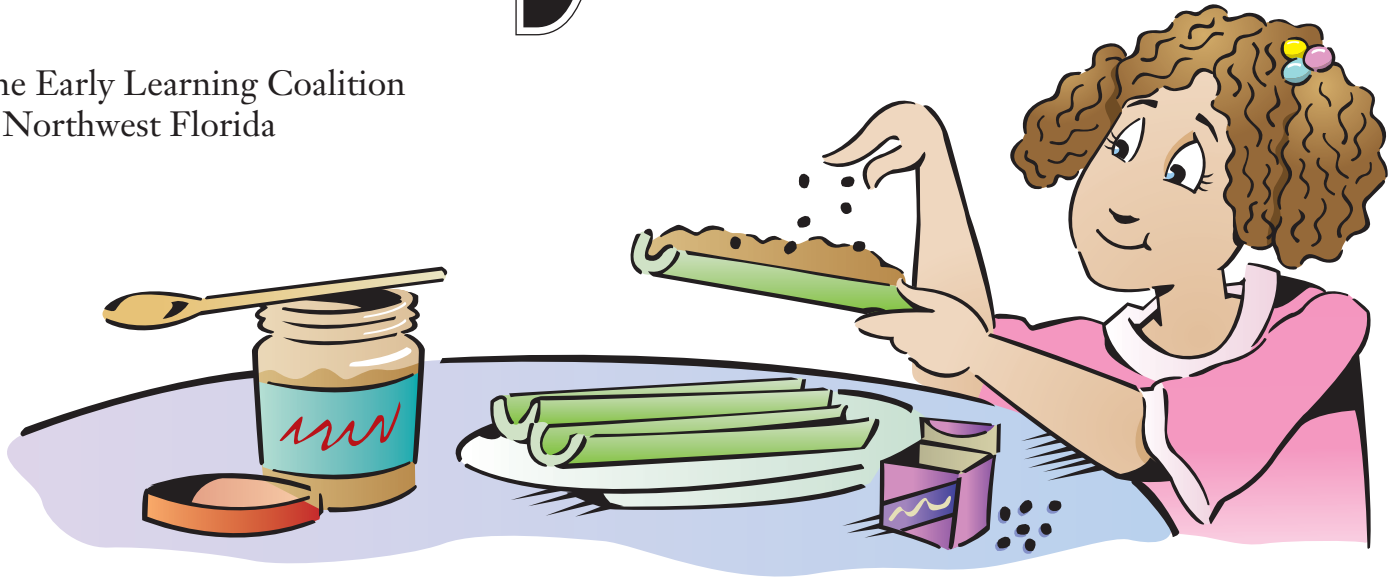


Parent & Child Activity Calendar

Early Childhood

The Early Learning Coalition
of Northwest Florida



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Hide pennies around the house. Give your child a bag and challenge her to find as many as she can.	2 Teach your child your favorite song when you were his age!	3 When was the last time you cut out paper dolls? Make a doll chain with your child today.	4 Make a big "fort" with your child out of sofa cushions.	5 Fold paper airplanes and launch them from the top of the stairs, or from one room to another.	6 Make a list with your child about things that are special to her.
7 Feed the birds. Fill a muffin tray with different kinds of birdseed. See what kinds the birds like best.	8 Visit the post office and mail your Valentines today.	9 Scan the paper for a community or high school theater production that is suitable for your child. Plan to go.	10 Plan a farm or business visit before spring.	11 Help your child decorate a Valentines box or bag.	12 Bake heart-shaped cookies together today!	13 For a fun family outing, plan to attend a church or community potluck or spaghetti dinner.
14 Tell and show family members that you love them today.	15 Don't watch TV tonight. Play games together instead.	16 Read an age-appropriate joke book with your child today.	17 At the grocery store, see if your child can find a food that is blue.	18 Play musical water glasses. Fill glasses with different levels of water and tap on them with a spoon.	19 Give your child red, blue and yellow finger-paints. What happens when he mixes colors?	20 Spring begins in less than a month. Talk about changes you'll see.
21 Help your child practice writing her name today.	22 Have your child copy the way you clap your hands. Make the rhythms more complicated each time.	23 Make "drippy designs." Drop paint onto paper with a spoon. Turn the paper different ways to make designs.	24 Praise your child when he does something well. Talk about how praise makes people feel.	25 Help your child make a get-well card for a friend or relative who doesn't feel well.	26 Talk with your child about how it feels to apologize when you've done something wrong.	27 Ask your child's advice on something today.
28 Give your child a new vegetable or fruit to try today!	<h2>February 2010</h2>					